



**2019 Braemar Competition  
Braemar City of Lakes Figure Skating Club  
June 21-22, 2019**



The Braemar Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

**NATIONAL QUALIFYING SERIES (NQS):**

This competition has been approved by U.S. Figure Skating as an official NQS event. Athletes are required to read the NQS handbook [found here](#) and register for the series through EMS by May 28<sup>th</sup> (separate from competition registration).

**ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.



**Age restrictions/requirements:** Singles free skate events (Well Balanced Program) have the following requirements.

Juvenile: Girls – 12 years or younger; Boys – 13 years or younger  
Open Juvenile: Girls – 13 years or older; Boys – 14 years or older  
Intermediate must be under the age of 18  
Adults must be 21 years or older

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age, should the number of entries warrant more than one group.

**NQS REMINDER:** All NQS events are combined short program and free skate events. If there are more than 24 entries per event, qualifying rounds must be held in accordance with Rule 2460. SEE THE [NQS LOC HANDBOOK](#) FOR DETAILS (p. 5 – 7).

**ENTRIES:**

Entries will only be accepted online via EMS at [www.usfsaonline.org](http://www.usfsaonline.org). Online registration opens mid April and closes Sunday May 31, 2019. Skaters wishing to register for the competition will need their U.S. Figure Skating member number and password.

**ENTRY FEES:**

Intermediate – Senior Combined entry fee (short and free skate program): \$150  
Pre-Juvenile – Juvenile/Open Juvenile: \$125  
Non qualifying entry fee first event including Ensemble: \$100  
Additional non qualifying additional events fee: \$30 each  
Compete USA Registration Fee: \$65  
Compete USA Additional Events Fee: \$30 each

**REGISTRATION INSTRUCTIONS:**

1. Go to [www.usfsaonline.org](http://www.usfsaonline.org)
  - a. For best experience, the Google Chrome browser is recommended
2. Enter your U.S. Figure Skating or Learn to Skate Member number and password
  - a. If you need assistance with your member number and password, contact Member Services at [memberservices@usfigureskating.org](mailto:memberservices@usfigureskating.org).
3. Click the blue EMS button
4. Click “Competition Registration”
5. Choose “Braemar Competition” from the list of competitions.
  - a. If you need assistance completing your registration, contact [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org).

**EMS SKATER PORTAL:**

Once online registration has been completed, skaters will gain access to the EMS Skater Portal for this competition. This is where you will manage music and PPC upload as well as purchase practice ice, view the competition schedule (once available) and update coach information. To access your skater portal, click the **BLUE** Event Management System button on the [Members Only](#) landing page then select the competition name from options at the bottom of the screen.

**REFUND POLICY:** Entry fees will not be refunded after May 31, 2019 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

**SCHEDULE:** Competitors may be scheduled on any day or time for the announced dates of the competition. The

competition and practice ice schedule will be available via EMS as soon as possible after the close of entries. All participants will be notified via email once available.

**FACILITIES:** The competition will be held at will be held at the Braemar Ice Arena at 7501 Ikola Way Edina Way Edina, Minnesota 55439, 952-833-9500 and <http://edinamn.gov>. Braemar Arena has three arenas with a total of 4700 seats. Braemar Arena is home to the Braemar City of Lakes Figure Skating Club, the Edina Hornets Hockey teams and the Edina Hockey Association. Health snacks, quick treats and Caribou Coffee is available at daily at the arena concessions.

**MUSIC UPLOAD:**

**DEADLINE: MAY 31, 2019**

All competition music must be electronically submitted via the EMS Skater Portal through the Music & Program Content tab no later than May 31, 2019. All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

**[CLICK HERE FOR MUSIC UPLOAD HOW TO](#)**

***If you need assistance, email [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org)***

**MUSIC CRITERIA:**

- File Format: MP3 (only format EMS will accept)
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
  - This will be verified by the music chair and they may request you upload a corrected file
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

LIABILITY: U.S. Figure Skating, Braemar City of Lakes FSC and Braemar Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM:**

**INTERNATIONAL JUDGING SYSTEM**

The International Judging System (IJS) will be used for the following events:

- Well Balanced Program Free Skate Events, Pre-Juvenile – Senior (including Open Juvenile)
- Short program events, Juvenile – Senior

**PLANNED PROGRAM CONTENT (PPC):**

**DEADLINE: May 31, 2019**

Competitors participating in IJS events must submit their PPC via the EMS Skater Portal no later than June 14, 2019. Program content must be entered under the Music & Program Content tab of your EMS for this competition.

**[CLICK HERE FOR PPC SUBMISSION HOW TO](#)**

***If you need assistance, email [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org)***

## 6.0 JUDGING SYSTEM

The 6.0 Judging System will be used for:

Well Balanced Program free skate events, Pre-Preliminary – Preliminary/Open Pre-Juvenile  
Introductory free skate events (Beginner, High Beginner and No Test)  
All Excel and Excel Plus Events  
All Specialty singles events (Spins, Jumps, Compulsory)

**REGISTRATION:** Registration will begin mid April and end at May 31, 2019. Registration will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the lobby of the arena. Please register promptly upon arrival.

**LOCKER ROOMS AND CHANGING AREAS:** Please click here to review the [Locker Rooms and Changing Area policy](#). More detailed information can be found in the [SafeSport Handbook](#).

**PRACTICE ICE:** All practice ice will be available for purchase at \$15/20 minutes online through the EMS Skater Portal. A timeline for practice ice sales periods will be available for viewing on the Main page of your skater portal. All skaters are encouraged to purchase practice ice through EMS on their mobile devices!

**PHOTO/VIDEO:** The official event photographer will take pictures of the four winners in each event following the presentation of awards. Professional videotaping and action photography shots will also be available. One video event will be included with the skaters registration.

**AWARDS:** Results will be posted at the arena as soon as they become available. Copies may be purchased at the registration desk. Awards will be presented off-ice to the top four skaters in each event immediately following posting of the results. Awards will not be given for exhibition. In addition two other awards will be presented.

**The Robert Rauth Award:** To the winner of the highest level men's event.

**The Eric Reiter Award:** To the highest placing member of the Braemar City of Lakes FSC in a Well Balanced Free Skate – tie breaker is highest level.

**OFFICIAL NOTICES:** An official bulletin board will be maintained next to the registration desk in the main lobby. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

**TEST CREDIT:** Skaters that meet the requirements for test credit may request their test credit forms at registration. Forms must be picked up at the registration desk prior to the end of the competition. Requests for test credit must be made at registration for a \$10 fee for the test credit packet.

## IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must be included within a skater's registration or updated through their EMS Skater Portal. All coach compliance is verified via EMS and is connected to the U.S. Figure Skating database.

### U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SafeSport Training\*
- Continuing Education Requirements (CERs) for the 2019-20 Competition Season
- Proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

### Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training\* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)
- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

\*SafeSport training is available through <http://www.usfsaonline.org> for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons

The LOC will have a list of compliant coaches via EMS, verified through the U.S. Figure Skating database who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

For more information regarding Coach Compliance, please visit:  
<http://usfsa.org/content/Coaches%20Requirements%20Chart.pdf>

**CONTACT INFO:** If you have questions, please contact Club Administrator, Katt Parsons at [coachkatt@yahoo.com](mailto:coachkatt@yahoo.com) or Competition Chairs, Lisa Dow at [dowsmn@aol.com](mailto:dowsmn@aol.com) or Cindy Kamer at [mckamer@mac.com](mailto:mckamer@mac.com).

**ADDITIONAL INFORMATION:**

Renaissance Minneapolis Bloomington Hotel  
 5500 American Blvd. West  
 Bloomington, MN 55437  
 952-345-1244  
 Rate: \$119/night  
 Shuttle to Braemar Ice Arena  
 Call to reserve at 800-468-3571 ask for Braemar Competitors Block  
 Reservation Link:  
[Book your group rate for Braemar City of Lakes FSC](#)

- Merchandise

Programs will be available at the rink for purchase for \$5  
 Support Ads in our program are available for purchase  
 Love Notes in our program are available for purchase

- Website

[www.braemarfsc.org](http://www.braemarfsc.org)

SEE CURRENT RULEBOOK OR CLICK [HERE](#) FOR CURRENT RULES AND REQUIREMENTS.

**NOTE FOR SKATERS:** it is not a requirement for skaters to be registered for the NQS series to compete in these events.

**OFFICIAL NQS SINGLES EVENTS:**

[Intermediate – Senior Combined Short Program + Free Skate](#)

[Juvenile Free Skate](#)

*\*These events will be conducted in accordance with U.S. Figure Skating Rule 2040 with regard to qualifying and final rounds if more than 24 competitors register.*

**\*\*A CONSOLATION ROUND (SHORT PROGRAM) FOR COMPETITORS WHO DO NOT QUALIFY FOR FINAL ROUND WILL BE OFFERED.**

**ADDITIONAL SINGLES EVENTS:**

[Snowplow Sam- Free Skate 6 Program \(with music\)](#)

[Excel Free Skate](#)

[Singles Well Balanced Free Skate \(No Test – Open Juvenile\)](#)

**COMPULSORY MOVES – SINGLES**

[Snowplow Sam – Free Skate 6](#)

[Excel Compulsory \(Excel Beginner – Excel Preliminary\)](#)

[Compulsory Moves \(No Test – Senior\)](#)

**SPECIALITY EVENTS - SINGLES**

[Jumps Challenge](#)

[Spin Challenge](#)

[Light Entertainment and Mini Ensemble Showcase](#) **Only**

**ADULT EVENTS**

[Adult 1-6 \(Program with music\)](#)

[Adult Introductory Free Skate Beginner and High Beginner](#)

[Adult Singles Free Skate](#)

This event is a standard U.S. Figure Skating Nonqualifying Competition (EMS)  
MC 3/1/2019

